

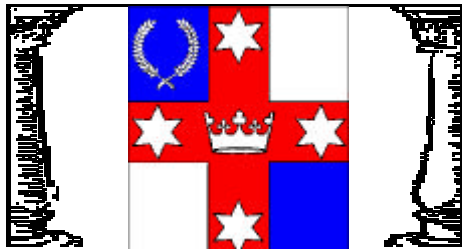
After the game, the king and the pawn go into the same box.



PROVERBS.
 Concealed talent brings no reputation.
 A woman fit to be a man's wife is too good to be his servant.
 Three may keep counsel if two be away.

German's woo like lions, Italians like foxes,
 Spaniards like friars,
 and French men like tines in a box.

& Morwynna, first Duchess
 Ædward the second, who watches his words,
 & Yolande the second, who led the children
 against the knights
 Draco the second, whose sword is truth,
 & Asa, patron of skalds
 Alfar the second, who unites the Kingdom
 through War, & Gudrunn the second, who
 unites the King dom through Peace
 Hugh, full of majesty, & Therasa, who speaks
 gently and strikes hard
 Berenger, the power ful, & Bethan, key-holder.
This then is the Line of Lochac, by Giles Lea brook.



4... PROSE.

47. FROSE.

53. ROYAL LINE OF LOCHAC.

54. ROYAL TIMPREFORTACH.

þan wolk one in cwinng and cwec:
 I thought I rose to make football ready for
 a host of kings. I kade Valkyries to bear the
 wine, to fill up the beer-cups, to strew the benches, for
 I took for the coming of the Riders of the Skirts, the 12
 Kings and Queens of Lochac. They are named:
 Alfary, the first of our Kings, inwen Feeder,
 & Elape the first Queen, canny with grace
 Cornelius, who took possession of the lands
 ceded by Card, won not by war but by counsel, &
 Morwynna, powerful & wise in that counsel
 Alfar, whose governing tables all has well tamed
 hall, & Nicrassa, scriber-champion
 Ædward, the just,
 & Yolande, whose wispsers are as men's shouts
 Draco, staunch-hearted,
 & Scera from the northern haven
 Stephen, who bears the Huntsman's Horn,
 & Martild, for whom the Muses play

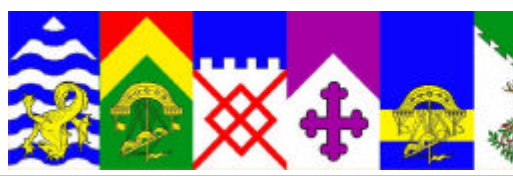


56. SONG & DANCE.

49. REGIONS of the REALM.

Barner beld has liddan,
 Bright is blue and white, while
 Strong are in addend seeds of
 Storm, the wain that form the
 Voice and shield device of
 Virtued lands. Alctis
 Sailors City, rulers
 Setting forth from northlands.
 Secting might of South in
 Shade of tower's power,
 Old as flesh of as a tree,
 Earth and stone have bithed it:
 Guided by a garden,
 Great are hands that fate has
 Gifted guards so lofty,
 Gloried are their stories.

55. SONG AND POEM.



41. PRAYERS.

48. REGIONS of the REALM.

GENEATH SOUTHERN SKIES.
 An excerpt from Lord's Prayer of St Kessog's drama.

Listen. O joyous singing,
 Locac's crown is grown in
 Treachness, garbed superb in
 Gold and grace. Behold the
 Jewels eleven, living
 Royal life in royal
 Service. Tell me, shall I
 Sing these jewels of Kingdom?
 Shows north southern starlight
 Shall be long-lived, strong and
 Brave. With lords eleven,
 Locac's balls shall fall nor

ALLE PSALLITE
 Alle, psallite cum luya
 alle, concrebando psallite cum luya
 alle, corde voto Deo toto psallite cum luya
 Alleluya!

COVENTRY CAROL
 Lullay, Thou lit the tiny Child,
 By, by, lully, lullay.
 O sisters too, how may we do,
 For to preserve this day.
 This poor youngling for whom we sing
 By, by, lully, lullay.



Herod the king, in his raging,
 Charged he hath this day.
 His men of might, in his own sight,
 All young children to slay.
 That woe is me, poor Child for Thee!
 And ever mourn and pray,
 For thy parting nei ther say nor sing,
 By, by, lully, lullay.

PATER NOSTER
 qui es in caelis
 Sanctificetur nomen tuum
 Adveniat regnum tuum
 Fiat voluntas tua
 sicut in caelo et in terra
 Panem nostrum quotidianum
 da nobis hodie
 Et dimitte nobis debita nostra
 Sicut et nos dimittimus
 debitoribus nostris
 Et ne nos inducas in tentationem
 Sed libera nos a malo
 Quoniam tibi est regnum et
 potestas et gloria in saecula.

The
**COMMONPLACE
 BOOK.**
*Contain'g Use ful or Apoc ryphal
 Di verse In for ma tion with Space for
 the Owner to Add to their Store of
 Know ledge and Wisdome.*

EX LIBRIS:



A good wife is accounted serviceable to her husband, fair-speaking to her friends, merciful to her neighbours, wise in things that should be avoided, particularly, chiefly in doing, in amending, in clothing, weary in speaking, chaste in looking, honest in bearing, and merry with her husband. She despiseth more to please him with virtues than with gay clothes, & useth the goodness of matrimony more because of children than of fleshly living.

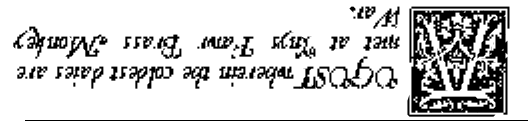
... A GOOD WIFE.

In her marriage and for her love and array. And denieth no petition that is made maketh him gay and seasonly in divers clothing decds of arms, of might, and of mastery. And gives among gatherings of men, and useth oft please her be putteth aim to divers plays and and cattle, and presenteth much more. And to with gifts and divers presents, and much good A man that loveth to win love of her that he woorth

BECOMING A GOOD HUSBAND.

ADVYSE.

XXXV. At St. Bartholomew's Feast, after the wedding is done, a party of the noblest are invited to supper; the count, which are pursued by a number of boys, who endeavor to catch them with the one who were then can make.



DAYS OF THE YEAR. AUGUST.

32. MORES.
 CLOV'D LEMONS.

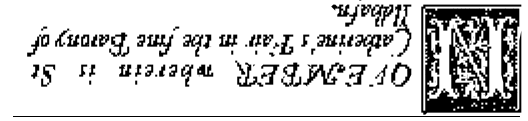
The presentation of a lemon studded with cloves is an offer for a mild flirtation thus: the clove is to freshen your mouth, remove one with hand or teeth to signify where the presenter may place a chaste kiss. Ladies always have the right to proffer hand or cheek or lips as they deem seemly. The recipient is then charged to seek out another. Should the lemon be not to your taste, then decline it gracefully.



CHARACTERS OF NATIONS

Perfidia Persarum; fallacia Græcorum; rapacitas Romanorum; astutia Ægyptiorum; prudentia Hebræorum; varietas Affrorum; sobrietas Gottorum; crudelitas Hunorum; libido Francorum; ferocitas Gallorum; instantia Saxonum; vinolentia Hispaniarum; hospitalitas Britonum at Suthron Gaedonum.

XXXV. This is used when some Robertus represents in aneas in the history; it is common, it is constant, it is characteristic, and it is a privilege of a knight. Robertus made a feast of gold and a privilege of a knight. Robertus made a feast of gold and a privilege of a knight. Robertus made a feast of gold and a privilege of a knight.



DAYS OF THE YEAR. NOVEMBER.

DAIES OF THE YEAR: DECEMBER. 29.

DECEMBER wherein some celebrate Yule or Christmas & Stormhold honours the memory of William Marshal.

William the Marshal is come to France To win him renown, with his sword and his lance. In all that fair countrey, no knight can be found, In battle or tourney to cast William down... Duke Cariador of the Row

AD DRESSES.
 ADDRESSSES.

ADDRESSING the NOBILITY.

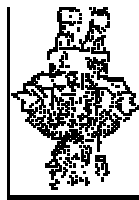
When speaking to and referring to those of Rank, the following addresses may be used:

- | | |
|----------------------------|--------------------------|
| The King and Queen: | Your Majesty |
| Crown Prince and Princess: | Your Highness |
| Duke and Duchess: | Your Grace |
| Counts, Viscounts, Barons: | Your Excellency |
| Members of the Peerage: | Sir, Master |
| | Mistress, Dame |
| Bearers of Grants of Arms: | |
| | The Honourable Lord/Lady |
| Sundry Lords and Ladies: | Lord/Lady |

All other gentles may be addressed as mi'lord or mi'lady, which should also suffice if you know not their rank nor name.



VII. Queen Elizabeth is born.
 With a female is without a steuward, a ship without a pilot,
 a flock without a shepherd, a body without a head,
 the same, I thinke is a kingdom without the health and
 safety of a good monarch.
 Princess Elizabeth do her betroth King Edward.



V. And Crispin Crispian shall we not
 from this day to the ending of the world,
 but we in it shall be remembered,
 We few, we happy few, we band of brothers,
 For he to-day that sheds his blood with me
 shall by my sword be hereafter
 be remembered, shall his name
 be blazoned in the heavens above,
 and his deed prais'd in the
 earth below, shall grow
 to a plume, shall win the
 rattle of the drum,
 round about his bones
 shall ride the brave
 strapping fiddlers,
 all as brave as
 knights old times,
 this day shall
 Crispin Crispian
 be remembered.

ADDRESSES.

TO THE READER.

As Erasmus spoke of the well-edu cated
 daught ers of Sir Thomas More:

*They flit like so many lit tle bees be tween Greek and
 .atin authors of every species, here noting down
 me thing to im i tate, here cull ing some no table say ing
 y put into prac tice in their be hav ior, there get ting by
 eart some witty anecdote to relate among their
 riends, you would swear you were watching the
 Muses at graceful play in the lovely pastures of
 Mount Helicon, gath er ing flowers and mar jo ram to
 rake well - wo ven gar lands.*

o it is hoped that You, O Reader, will find
 ithin these pages much to muse on, here pass-
 ng time in a lit tle Learning, there add ing such
 Vit as may take your Fancy.

And fur ther I hope not to oend in ded i cat ing
 his mod est col lec tion to Their Maiesties of
 .ochac; if Their Maie yies seem but pleased, I
 hall ac count myself highly praised.

katherine kerr

SEPTEMBER, wherein the Ides of
 the month of Politicians.



DAIES of the YEAR: SEPTEMBER.

MEDICAL LORE.

31.

The juice of SAGE taken in warm wa ter, helps a
 hoarse ness and a cough .

Erasmus said most wisely: *If a man get a fe ver, or
 a pain in the head with overdrinking, we are sub ject to
 curse the wine, when we should rather im pute it to our-
 selves for the excess.*



To The KYNG oure Soueraigne

The pes ti lence is to be found vniuersally through
 youre Roialme. We youre pore true liege peo ple
 desiryng the helth and wel fare of youre most no-
 ble persone byseche youre most no ble grace to es-
 chew eny suche infeccion that may come to you
 where that eny of youre said Comunes holdyng
 of you by knyghtes ser vice oweth in doyng to you
 hom age by youre graciouse suf fer ance that said
 lieges in the doyng of thair said hom age may
 omitte the said kysyng of you.



DAIES of the YEAR: OCTOBER.

MEDICAL LORE

30.

MAD NESS com eth some time of pas sions of
 the soul, as of busi ness and of great thoughts, of
 sorrow and of too great study, and of dread:
 some time of the bit ing of some ven omous beast:
 some time of melancholy meats, and some time of
 drink of strong wine. And as the causes be di-
 verse, the to kens and signs be di verse. For some
 cry and leap and hurt and wound them selves and
 other men, and darken and hide them selves in
 privy and se cret places. The med i cine of them is
 that they be bound, that they hurt not them-
 selves and other men. And namely, such shall be
 re freshed, and com forted, and with drawn
 from cause and matter of dread and busy
 thoughts. And they must be gladded with in-
 struments of music, and some deal be oc cupied.



Take a cup of the juice of a lemon & add as much
 sugar. Sethe it un til it take the form of a syrup, &
 add wa ter to suit he taste. Its ad van tages are that
 it cuts the thirst and binds the bow els.

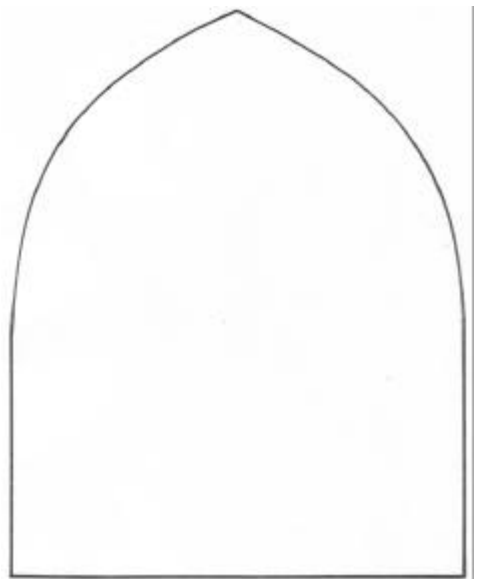
ADDRESSES.

INDEX.

Addresses	4-7
Advyse	8-10
Ar mour	11
Arms	12-13
Bes ti ary	14-15
Car tography	16-17
Daies	18-29
Med i cal Lore	30-31
Mores	32-34
Poetry	35-39
Prayers	40-41
Prognosticks	42
Prose	43-45
Recipes	46-47
Re gions	48-50
Rid dles	51
Royal Line	52-53
Rules of the List	54-55
Song & Dance	56-61

62-63

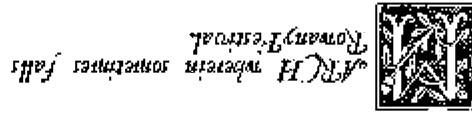
BLAZON D THUSLY:



ARMS (PERSONAL)

ARMS (BLAZONING).

XVII. The tower of
Saffron-bush
I give to my
the strength of heaven
I give to my
I give to my
I give to my
I give to my
I give to my
I give to my



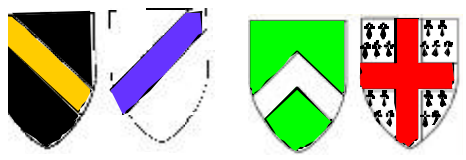
DAIES of the YEAR: MARCH. 21.

APRIL wherein most decades Rowany Festival falls eight times, following as it does the moveable feast of Easter.

The main TINC TURES and OR DI- JARIES of a Coat of Arms as follow'd in the Rules of Heraldry:



Or, a chiefsable.
Az ure, a saltire ar-
gent.
iii. Ar gent, a pale gules.
iv. Vert, a fess or.



Sable, a bend or.
Argent, a bend sin-
terpurple.
vii. Vert, a chevron argent.
viii. Ermine, a cross gules

XXIII.
Ad vance our stan dards,
set upon our foes,
Our an cient word of
cour age, fair St GEORGE,
In spire us with the spleen
of fi ery dragons.
Richard III



24. DAIES of the YEAR: JULY.

JULY wherein the Royal Heirs take to the Throne of Lochac at Midwinter Coronation.

ADYSE. 9.

Where MON IES may be Got.
For a King, from his Sub jects with many tum-
bling Sub sidies, Privy-Seales & Loans.
If a No ble man, by Letting Leases, and the dis-
creet man aging of his Es tate by his Stew ards and
such as un der take for him.
If a Coun try-man, he may thrive by deal ing ir
Cat tle, Sheep, Goats, Hogs, Conies, etc.
If a Physi cian, from folk infirme and dis eased.
If young and of small for tune, let him learne
Mechanicall trade.
If none of these, by meanes of a rich Wive.



That same man that renneth awaie
Maie fight again on other daie.

XI. St Benedict was mightily inflamed with concupis-
cence and of mind to for sake the wil der ness. But in stead
cast off his apparel, and threw him self into bri ars and
net tles so that he quenched that fire which, be ing nour-
ished be fore with the fuel of car nal cog i ta tions, in wardly
burned in his soul.
From the Dialogues of Greg ory the Great.

against it; the tree breaks and the clephant falls. part way down the tree; when the clephant leans slices. To capture an clephant, a hunter can cut falling; the clephant leans against a tree while it fall down they cannot get up again. To avoid ELEPHANTS have no back joints, so if they it can carry the grapes to its young on its quills.

ter it cuts grapes off a vine it rolls over them so self into a ball is thus protected on all sides. Aft which stiffen when threatened, and rolling it. The HERDHOOG is covered with quills, the plant, while you stay out of beating.

reach. The dog will tug at the cord and drag up to the plant and place a piece of meat beyond its

or goes mad. The a bingy dog who wears the plants try dis use in an medicine, but anyone from the ground. It is of great form, and shrink when torn. The roots of the MAN-



BESTIARY.

ADVYSE.

Words of Wisdome from the note-books of LEONARDO di Vinci: It is as grave an error to speak well of a worthless man as to speak ill of a good man. Re prove a friend in secret but praise him before others. Ask counsel of him who governs himself well. He who neglects to punish evil sanctions the doing thereof. He who thinks little makes many mistakes.



Do not eat until you feel inclined and sup lightly. Chew well and let what you take be well cooked and simple. Take a little wine frequently but not at other than at

proper meal times nor on an empty stomach. Neither pro tract nor de lay a visit to the

XX. Diocletian had numbers shot at South Sebaton. He was as full of arrows as an archer is full of pecks, but he had not that they had him so sore with stones till he died. And then his body into a great pain but he was not afraid, so many this said after in from his pestilence and



FAUNA.
VENYMOUS
NO
DUST.
NO
MUDE
NO

XXI. QUENTIN wherein is reckoned the new town of Lochac at Twelfth Night.



DAIES of the YEAR: JANUARY.

DAIES of the YEAR: JUNE. 23.

JUNE wherein the northern Baronies in Terra Rosa contest the Great Northern War and also Cold War.

XV. John was a ty rant, John was a tar John put his name to the Magna Carta: Clause XL: To no one will we sell, to no one will we refuse or de lay right or jus tice.

XXII. EPROVRY wherein is celebrated about the with the days of (Antebay) Iate in the green lands of Southern Gard.



DAIES of the YEAR: FEBRUARY.

DAIES of the YEAR: MAY. 20.

MAY wherein no bles gather to wit ness the tour na ment for the Crown of Lochac.

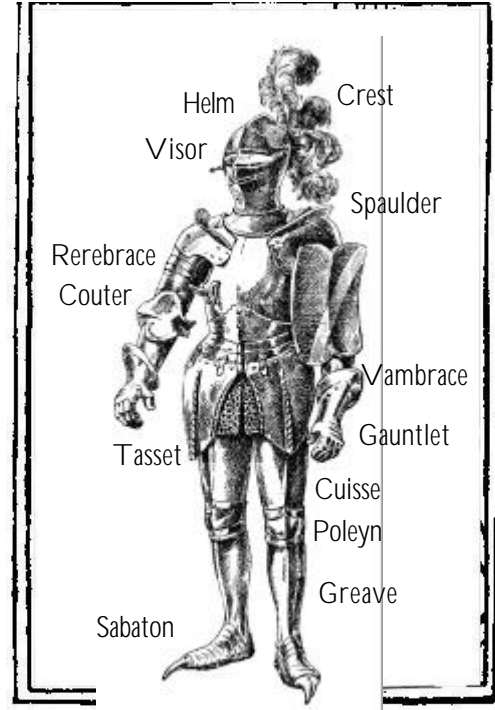


The BONASUS is a beast like a bull. It has and driven it through to the substance of amber. Fleets above the water; and if it be gathered after that be gathered, superfluity thereof. The WHALE hath great plenty of sperm, and blood, the birds that were dead quicken again. turneth out, & sheddeth that hot blood on the side, that the blood smiteth herself in her that day, the mother slayeth them. And the we before the mother smite her in the face, for when the childer too much her childer.



BESTIARY.

ARMOUR: the Naming of Parts. 11.





He in right aligates with wapyns bym defende
T thus should he lerne in has pynthe
His wapyns alle in armes to dispende.

POETRY.

POETRY.

ASQUIRE'S TRAINING.

And as lordes sonnes bene sette, at four yere age,
To scole to lerne the doctryne of lettüre,
And af ter at sex to have thaim in lan guage,
And sitte at mete semely in all nur ture;
At ten and twelve to revelle in thair cure,
To daunse and synge, and speke of gentelnesse;
At fourtene yere they shalle to felde l sure,
At hunte the dere, and catch an hardynesse.

For dere to hunte and slea, and se them blede,
Ane hardyment gyffith to his corage,
And also in his wytte to takyth hede
Ymagynge to take thaim at avauntage.
At sextene yere to werray and to wage,
To juste and ryde, and castels to assayle,
To scarmyse als, and make sykur cour age,
And sette his wache for perile nocturnayle;

And every day his armure to as say
In fete of armes with some of his meyne,
His might to preve, and what that he do may
Iff that we were in such a jupertee
Of warre by falle that by necessite

INVITATION to DANCE.

SONG & DANCE.

SONG & DANCE.

69

EARL of ESSEX ALMAN.

Double left for ward, single right back 4x.
Slow single left, slow single right.
Double left for ward, double right back.

HEART'S EASE.

(for two couples facing each other)
V. 1. For ward and back a double 2x
Chorus: face part ner: back & for ward double.
Turn corner.
Face cor ner: back & for ward a dou ble.
Turn part ner.

V. 2. Side R with part ner, side L with cor ner.
V. 3. Arm R with part ner, arm L with cor ner.

KNOWN WORLDE PAVANE.

Left pavane set; right pavane set.
L pavane set; R pavane set back wards.
Lords to their knees.
Ladies cir cle lords in LR pavane sets.
Lords rise.
Lords cir cle la dies in LR pavane sets.

DOUBLE LEFT, SINGLE RIGHT.

HORSES BRANSLE.

Double left, double right, 4x.

Lords: R paw, paw, step R, circle L past lady.
Ladies: R paw, paw, step R, circle L past lord.

OFFICIAL BRANSLE.

Double left, double right 2x.

Then twice the rough.

7 & 8, lady passes to other side of man.

FOR AYNE ALMAN.

4 doubles forward (all doubles end with a hop).

Then twice the rough.

Double left, double right (back).

Double left, double right circling away.

PASTIME WITH GOOD COMPANY.

SONG & DANCE.

70

Fastime with good company
I love and shall unto I die
Such who just but none deny
So God be pleased thus we will.

For my pastime
Hurt, sing and dance
My heart is set
All goodly sport
I can comfort
Who shall me let?

Of good or all some pastime
Company methinks then best
All thought and fancies to digest.

For idleness
Is chaff and trash
Then who can say
Is best of all!

But every man hath his five will.
Company is good and ill
Is virtue, vice to flee
Company with honesty

The best ensue
The worst eschew
My mind shall be
Virtue to use



COLOPHON

Your Publisher
thanks all those
who were kind enough
to grant the use of
their Works in this
Small Volume
to its betterment,
and urges all who would learn more
to search out such wis dom and knowl edge as may
be found through the world wide web that joins
Scholars and Ar ti sants across the
Known Worlde.



MORES.

MORES.

71

ACCEPTABLE GIFTS FROM LOVERS.

A hand ker chief, a fil let for the hair, a wreath of
gold or sil ver, a breast pin, a mir ror, a gir dle, a
purse, a tas sel, a comb, sleeves, gloves, a ring, a
pic ture, a wash ba sin, lit tle dishes, trays, a flag,
and any lit tle gift which may be use ful for the
care of the per son or pleas ing to look at or
which may call the lover to mind, if it is clear in
accept ing the gift no av a rice is in volved.



OF MONSTROUS GREAT HOSE.

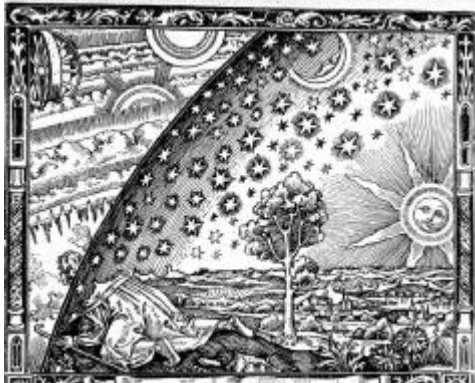
No tai lor, ho sier, or other per son shall put an
more cloth in any one pair of hose for the out sid
than one yard and a half.; and in the same hose to
be put only one kind of lin ing be sides linen clot
next to the leg if any shall be so dis posed; the saic
lin ing not to lie loose or bol stered, but to lie jus
unto their legs. Nei ther any man un der the de
gree of a baron to wear within his hose any vel
vet, satin, or other stuff above the es ti ma tion of
sarranet or taffeta

AVE MARIA,
gratia plena,
Dominus tecum,
Benedicta tu in
mulieribus,
et benedictus
fructus ventris
tui Iesus,
Sancta Maria mater Dei,
ora pro nobis peccatoribus,
nunc et in hora mortis
nostrae.



PROGNOSTYCACIONS

But ter shall melt with Summer's sex treme heat.
 Those that are hanged shall never live to be
 drowned.
 Manye shall goe soberer into Tavernes than
 they shall come out.
 The rich will be a lit tle better off than the poor,
 and the healthy will stay better than the sick.
 The blind will not see much, the deaf will hear
 rather poorly, mutes will not talk much.



RULES of the LIST (abridg'd).

6. All fight ers who en ter the tour ney,
 What ever their rank or de gree,
 Shall be chival rous in all their con duct,
 And knightly in all but de cree.
 7. Ye may choose when to join in the com bat
 No one may com pel ye to fight
 Should ye do so in the lists of a tour ney
 To for feit the bout is your right
 8. The sword and the dagger you cher ish,
 Unlike tour ney weapons are real.
 So carry them not into com bat:
 And seven times never draw steel!
 9. Ye may not, in the Lists of a tour ney,
 Throw aught at your foe on the field,
 Nor bear any weapon for throw ing,
 Lest by your mis takes ye must yield.
- Now these are the Rules of our com bat,
 And many and mighty are they.
 But the head and the heart of the Rules,
 And the sword and the shield is

Saw no roote off Rowan
 Rude, only foie world
 Try to chink the tyme of
 Trecs so hegh and mighty.
 Bidest gove to grave, yet
 Gay the aping stay in
 Gray give ind. One fande that
 Gtowing things bring Kingdema
 Yns faw, the honowred
 Ally's calm and charmyng.
 Focys full of prase for
 Focetful friends uncessaryng.
 Loyallong as day is
 Lastyng. Strite is past and
 Gold and blue is gilded
 Givancess. South is gyltful
 Shows nearis southerm stryght
 Shall be long-lived, strong and
 Swore. With lowd clever,
 Lochat's balls shall fall not

RULES of the LIST (abridg'd).

- By the RULES all our Kingdoms are wrought.
The poetical wisdom of Duke Siegfried von Hoflichkeit, he of the First Tourney, as adapted, with his cog ni zance, for these times and this realm:
1. When ye go with your friends into bat tle,
 Ye do it by choice and de sign.
 And so ye shall not fault an other,
 If harm should con found thee or thine.
 3. Lists Right is the right of the Mon arch.
 For each who would en ter his name,
 The Sov er eign may choose to re fuse him,
 And none may deny him the same.
 - 2/4. In all that ye do in the com bat,
 In ar mour, and weapons, and skill,
 Ye must fol low the Marshallate Stan dards,
 And be gov erned by each King dom's will.
 5. The Right to re ject any weapon
 From use with out hin drance or claim
 Is the Right of the Mon arch or Mar shal,
 And none may deny them the same

A prickly house a little best contains;
 The pointed wepens keep back from pains,
 So be, unarm'd, safe in his fortifications.
 I am a wonderfull help to women
 The hope of some thing good to come
 I hatn only in a shyer
 I grow very tall, erect in a bed
 I am shaggy down below
 The lovely girl grabs in a body, rubs my red skin
 Holds me hard, claps in a head.
 That girl will feel our mcebrng!
 I bring tears to her eyes!
 What we caught we threw away;
 What we didn't catch, we kept.
 Long and thin am I, of metal slight,
 My welding chain I draw by won light,
 I shere the iron ard and the loosened tight

PROSE

COURTESY is owed.
 RESPECT is earned.
 LOVE is given.

All Steel, as they say, makes its own Rust, and we must learn how to scour it. Money was an excellent invention, and an Instrument of doing infinite good; if any makes an ill use of it, 'tis not the Thing but the Per son that is to be blam'd and punish'd.

Dis course Upon Coines, Bernardo Davanzati:

Expectate Vates, ex quibus Futurum cresit.

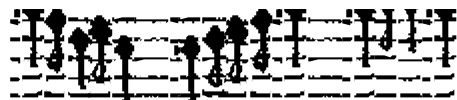
Watch for the Dreamers,
 from them the Future comes.

Pe ter of Celle: *A room without reading material is hell without consolation, punishment without relief, prison without light, burial without an air shaft.*

ore dlymbng.

the i botel of swete wine and i cup of honey.
 Add i tab spoon each of gnyngner, notcannngs,
 actway, cardamon, cynamon, clove and white
 pepper. Sit a daye and strayne. Wat i month be
 over dlymbng.

one of water and bake in moderate heat for two hours.
 Then correct each with dough of 7 cups flour to 1 of
 about it whole leaves of sage, and then bacon.
 One shall cut a young chicken in two and wrap



LONONMAY SHE STONDE

do boldy hate our banner high,
Loyal lords and ladies fair
our footmen we defie,
Reddy and betely
find strong as all can see,
Our gayryson and governaunce
Southern Gaard we'll ever be,
Southern Gaard are we,
and defende when come the call.
Tis our hoon land that we honor
our towsondets tall,
Under hight and stercy sides
and all that lyeth in bitwene,
From mowntaigne down to coste
rollinge waves on byny scen,
Rollinge byls of gyene,

SOUTHRON GAARD *(North Sea)*

SONG & DANCE

POETRY.

MORES.

The STEWARD in Mat ters Domestical.
The Stew ard will at all times:
Bear him self as the chief of fi cer of a great
house.
Maintain a sub missive and duti ful at ti tude to-
wards his lord ship and his wife and (to a lesser
degree) the chil dren.
Assist his lord ship with sound ad vice and
great delib er a tion, and keep all his se crets.
Hire and man age all do mes tic of fi cers, ser-
vants and at ten dants and, when ap pro pri ate,
re com mend them for ad vance ment.
Be obeyed by ev ery ser vant and of fi cer in all
things what so ever, no mat ter how in con ven-
ient, un less the task is dis hon est, il le gal or
harm ful to his lord ship or his fam ily.



SONG & DANCE

POETRY.

POETRY.

Shakespeare: SON NET XXIX
When, in dis grace with For tune and men's eyes,
I all alone beweepe my out cast state,
And trou ble deaf heaven with my boot less cries,
And look upon my self and curse my fate,
Wishing me like to one more rich in hope,
Fea tured like him, like him with friends possessed
De siring this man's art, and that man's scope,
With what I most en joy con tented least,
Yet in these thoughts my self al most despising,
Haply I think on thee, and then my state,
Like to the lark at break of day aris ing
From sul len earth, sings hymns at heaven's gate
For thy sweet love re mem bered such
wealth brings,
That then I scorn to change my state with king

Love with out anx i ety and with out fear
Is fire with out flames and with out warmth,
Day with out sun light, hive with out honey,
Summer with out flower, win ter with out frost.